

North Shore Summer Volleyball League Rules

Participation Rules

1. Only registered (listed on roster and waiver/EMA form on file) players will be eligible and every player must wear their league jersey to play.
2. Smoking or drinking alcoholic beverages on the Sports Park property by North Shore Summer League participants is prohibited. Players violating this rule will be subject to dismissal from the league.
3. Any player dismissed from a match by an official for unsportsmanlike conduct will be suspended from the remainder of that match and the next match in attendance.
4. No food or beverages permitted in the activity areas of the Sports Park.
5. Good sportsmanship is expected. (No profanity, arguing, taunting, etc.) It takes class to be a champion, have class. Have fun, be friendly with officials, coaches, players, and others you encounter in this competitive experience and opportunity.
6. National Federation rules apply. You are to be legally equipped with league jersey, no jewelry, etc.
7. Officials can and will call unsportsmanlike conduct fouls on players or spectators involved in such behaviors. Any abuse, physical or verbal, directed toward officials, coaches, or players at any time before, during, or after play, will not be tolerated. If the abuse rises to the level of unsportsmanlike conduct, that individual may be suspended from the league and/or banned from the property. At any time physical abuse of the above mentioned parties will result in like suspension from the league or premises for the player or party involved. This action is subject to the league director's review.

Match Rules

The new National Federation of State High School Athletic Association rules will be the official league rules. In addition, the following rules will apply:

1. All matches will begin and end at the scheduled times.
2. Each match will consist of 5 games (time permitting), rally scoring to 25 in games 1-4 and 15 for game 5. JV and Freshmen matches will be 3 games, rally scoring to 25 in games 1-2 and 15 for game 3.
3. Libero will be used.
4. Records will be based on the win/loss total of the individual games played.
5. The match warm-up will be 15 minutes in length and administered by the court official as follows:
 - 0-6 Home team hitting on court/Visiting team ball handling off court
 - 6-12 Visiting team hitting on court/home team ball handling off court
 - 12-15 Serving practice from respective sides of court